

Health Advocate™ Solutions

Experts Help You Navigate Healthcare and Negotiate Medical Bills



- In-network healthcare prices vary by 300% or more

What Health Advocate Solutions Gives You Access to:

Health Advocacy

- You'll be connected to a Personal Health Advocate who can help:
 - Untangle medical bills and insurance claims
 - Locate doctors specialists, hospitals, dentists, and pharmacies
 - Clarify benefits and answer questions about tests, treatments, and medications
 - Coordinate care among multiple providers
 - Assist with eldercare and related healthcare issues
 - Arrange second opinions
 - Transfer medical records
 - Provide information about generic drug options

Medical Bill Saver™

- Experts who know the ins and outs of billing practices will attempt to negotiate discounts on your behalf, possibly leading to a reduction in your costs
- Receive an easy-to-read personal Savings Results Statement summarizing the outcome and payment terms for successful negotiations

NurseLine™

- Highly trained registered nurses are on-call 24/7 to answer your questions for non-urgent concerns
- Nurses can offer self-care tips, direct you to the appropriate care for immediate attention, or tell you how to ease common problems such as sore shoulder
- Respond to most requests by the next business day
- Have passed rigorous credentialing and completed extensive training



Download the **My Benefits Work Mobile App**
800.800.7616 | [MyBenefitsWork.com](https://www.MyBenefitsWork.com)

The Health Advocate program is not health insurance. Health Advocate provides administrative, information and referral type services, through its employees. Health Advocate does not provide medical services and does not recommend treatment. Independent healthcare practitioners, who are not Health Advocate's employees or agents, provide all medical services. In life-threatening emergencies, call 911 or go directly to the nearest hospital emergency room for treatment. If 911 is not available in your area, call the local police or fire department or go directly to the nearest hospital emergency room.